



## Chemical Dependency Counseling

### Associate in Applied Science Degree, Career program

Division of Social Sciences & Social Services, Interim Associate Dean: Deborah Beall

Department Chair: Frederick "Bud" Lawrence

This program is designed to prepare students to enter the field of alcoholism and substance abuse treatment.

Graduates will be able to use communication skills to understand consumer problems and assist in problem solving; perform essential case management functions including interviewing, record keeping, gathering intake information, making referrals, and identifying consumer problems and issues; maintain professional and ethical standards; understand and respond to potential crisis issues and situations; identify and contact human services resources and agencies in the community; interact in group settings, including counseling and education groups provided for treatment purposes.

For students interested in qualifying for the Credentialed Alcoholism and Substance Abuse Counselor (CASAC) examination, the curriculum meets 240 of the 350 clock hours of alcoholism and/or substance abuse education and training required and, if supervised by a qualified health professional and performed in a facility approved by New York State Office of Alcohol and Substance Services, the practicum component of the curriculum fulfills the 300 clock hours of practical training required.

*High school or equivalent preparation required: No special requirements.*

#### Program Requirements

|   |   |   |    |
|---|---|---|----|
| English (ENGL 1010 and 1020 or 1030. By placement)* .....   | 6 | Human Services (HUSR 1030, 1040, 1510**, 1121, 1110, 1211, 1581, 2010***, 2963 <sup>2</sup> , 2964 <sup>2</sup> ) ..... | 31 |
| Mathematics (MATH 1015, 1120 or higher)* <sup>1</sup> ..... | 3 | Health (HLTH 1202****, 1203****) <sup>3</sup> .....   | 6  |
| Social Sciences (SOC 1010, PSYC 1101, 2208) .....           | 9 | Wellness (Activity Component) .....   | 1  |
| Laboratory Science (BIOL 1050 recommended) .....            | 3 | Total hours .....   | 65 |
| Free electives (see advisor for suggestions) .....          | 6 |   |    |

\*Based on placement, students may be required to take ENGL 0950 and/or ENGL 0990 before taking ENGL 1010, and MATH 0960 before taking a math credit course.

*Sample Sequence: intended as a guide for academic planning. It need not be followed exactly or completed in four semesters.*

#### First Semester

|  |     |
|--|-----|
| English .....  | 3   |
| Mathematics (MATH 1015, 1120) .....                  | 3   |
| Psychology or Sociology (PSYC 1101, SOCI 1010) ..... | 3   |
| Alcohol Counseling Credentialing (HUSR 1110) .....   | 3   |
| Health (HLTH 1202 or 1203) .....                     | 3   |
| Wellness (Activity Component) .....                  | 0.5 |

#### Third Semester

|  |     |
|--|-----|
| Adolescent Psychology (PSYC 2208) .....              | 3   |
| Human Services II (HUSR 1040) .....                  | 3   |
| Group Dynamics (HUSR 1510) .....                     | 3   |
| Crisis Management elective (HUSR 1211 or 1581) ..... | 1.5 |
| Substance Abuse Counseling (HUSR 2010) .....         | 3   |
| Codependency and the Family (HUSR 1121) .....        | 1   |
| Free elective .....                                  | 3   |

#### Second Semester

|  |     |
|--|-----|
| English .....  | 3   |
| Laboratory Science (BIOL 1050) .....                   | 3   |
| Psychology or Sociology (PSYC 1101 or SOCI 1010) ..... | 3   |
| Introduction to Helping Skills (HUSR 1030) .....       | 3   |
| Health (HLTH 1202 or 1203) .....                       | 3   |
| Crisis Management elective (HUSR 1211 or 1581) .....   | 1.5 |
| Wellness (Activity Component) .....                    | 0.5 |

#### Fourth Semester

|   |    |
|---|----|
| Human Services Practicum I & II (HUSR 2963 and 2964) <sup>2</sup> ..... | 12 |
| Free elective .....   | 3  |

<sup>1</sup>Statistics is recommended for students interested in transfer.

<sup>2</sup>It is recommended that HUSR 2963 and 2964 be taken together in the fourth semester. The practicum may be taken in separate semesters only with the Coordinator's approval. These courses may be taken only with the permission of the Coordinator of Human Services and must be completed within a drug/alcohol treatment facility.

<sup>3</sup>One credit will be used toward the instructional/awareness component of the Wellness requirement.

\*\*HUSR 1510 is Fall only.

\*\*\*HUSR 2010 is Spring only

\*\*\*\*HLTH 1202 and 1203 are often alternated by semester.